



# Noble Park Secondary College

## Important Dates

11 Mar	PUBLIC HOLIDAY - NO SCHOOL
13-18 Mar	NAPLAN
14 Mar	OPEN DAY & OPEN EVENING
15 Mar	Yr9 Careers Expo Exc
19 Mar	Student-Parent-Teacher Conferences
20 Mar	Titanic Exhibition Exc
21 Mar	Yr11 VM Grand Prix Exc
21 Mar	Harmony Day

25 Mar	VM Escape Room Exc
26 Mar	Yr7 Parliament Exc
26 Mar	Yr12VCD NGV Exc
27 Mar	Yr8 Parliament Exc
28 Mar	LAST DAY TERM 1 - 2:30 FINISH
2 May	Yr11 VCE and Careers Expo
3 May	Yr12 VCE and Careers Expo

## From the Principal

### School Council:

We would like to thank everyone who volunteered to be a part of our School Council. We warmly welcome and congratulate our parent representatives, Silvia Colman, Alice Avraam, Aileen Kempa, Benti Bittu, Rebecca Hooper, Beatrix Lorincz.

### NPSC Open Day 2024:

Join us for our college Open Day & Open Evening on Thursday 14th March 2024. We will be running Open Day tours during the day at 9:30am, 11:30am and 1:30pm. There will also be an information session to be held for prospective Parents/Guardians and students at 6.00pm on the evening of Thursday 14th March.

### Student/Parent/Teacher Conferences:

Tuesday 19th March will be a student free day as the College undertakes Parent/Student/Teacher Conferences. This will be online:

- 12.00pm to 3.00pm
- 3.30pm to 7.00pm

Parents/Guardians will book appointments from Compass.

If you would like an interpreter during any interview, please nominate the required language.

More information can be found on Compass.



Helen Karagounis  
Acting Principal

### NAPLAN:

We remind students and guardians that NAPLAN is taking place from Wednesday 13th March to Monday 18th March. NAPLAN provides information about how education programs are working, areas for improvement and showcases our student's literacy & numeracy talents and developments.



3 Callaghan Street, Noble Park 3174 Ph: 9546 9066  
Email: noble.park.sc@education.vic.gov.au  
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## From the Front Office

If any parent or guardian needs to pick up a student earlier than 3:05pm, please give the student a note beforehand so that they can give it to either the front office, or their year level coordinator. This gives us notice that the student will be leaving early so that we can ensure they are at the office at the relevant time.

## Breakfast Club

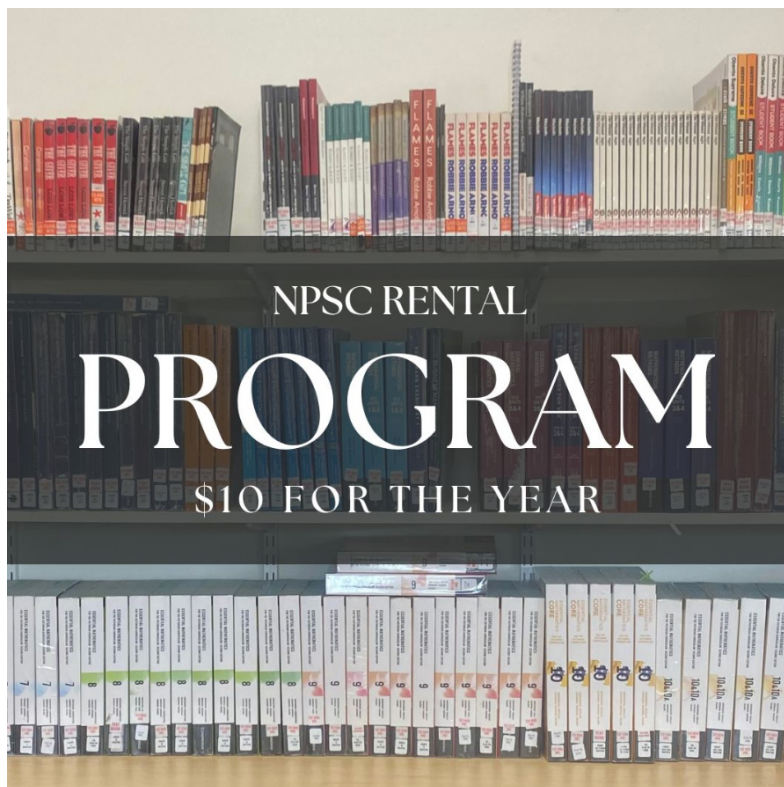
This term we have been changing up our Breakfast Club menu! Don't forget to keep an eye out on our Facebook Page (Noble Park Secondary College) and our Instagram (noble.park.sc) for information about what we will be serving each week at Breakfast Club.

**Reminder: Breakfast Club runs every Friday unless otherwise specified, from 8am in the Canteen area.**

## Library Text Book Rental Program

A reminder that we still have a large number of text books available for students to rent! If you are unable to purchase a text book for a particular class, our Library stocks a number of available text books for students to rent.

The cost of renting a text book is only \$10 for the whole year! Please see Lynda in the Library if you would like more information or if you are interested in receiving a rental.



# -NOBLE PARK SECONDARY COLLEGE-



We are proud to announce our 2023 DUX, Saira Norzai, who received an **ATAR of 96.7**



Join us on Thursday 14th March for our:

## OPEN DAY

Contact our office on 9546 9066 to register for our Open Day Tours. 9:30am, 11:30am or 1:30pm

## OPEN EVENING

We invite you to attend our Open Evening from 6pm to learn more about our College.

for more information

3 Callaghan Street, Noble Park, 3174  
noble.park.sc@education.vic.gov.au  
(03) 9546 9066  
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# Wellbeing at Noble Park Secondary College

The Resilience Project focuses on three main components: gratitude, empathy, and mindfulness. In this week's article, we would like to encourage you to focus on the idea of gratitude. There are activities for the whole family to do to practise gratitude.

## Gratitude

Working on gratitude helps us to be thankful and appreciate what we have in our lives, rather than focusing on what we don't have or what we want. When we practise being grateful, we start to scan the world to look for positives – this only takes 21 days! Practising gratitude every day increases our levels of energy, and helps us to feel happier and more focused, determined and optimistic. It even helps us have better sleep, lowers levels of anxiety and depression and we are less likely to get sick. So many benefits – let's all try to be grateful for the things and people in our lives every day!

## Whole Family Activity:

### Gratitude Scavenger Hunt

- As a family create a scavenger hunt list of things that make you happy or you are grateful for, you can make your own list or use the examples below:
- Something that makes you happy
- Something you love to smell
- Something you enjoy looking at
- Something that is your favourite colour
- Something you like in nature
- Something that is useful for you
- Each member of the family uses the list and has to find as many things as they can.
- You can hunt for things inside or outside, or both. You can hunt for real things, or you can also do this using magazines or pictures from the internet.
- After a set amount of time hunting, come back together, have a look at what each person collected and let them explain why they are grateful for each item.

## Family Habit Builder:

Every night at dinner, have each person talk about their favourite thing about that day.

**If you require assistance or would like more information, the Wellbeing team is located next to the International Room.**



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# Wellbeing at Noble Park Secondary College

## Why mental health is important:

At Noble Park Secondary College our wellbeing program across the school is about promoting good physical and mental health, healthy relationships, connectedness, and resilience. Our wellbeing team consists of a team of professionals including doctor, nurse, psychologist, speech pathologist, mental health practitioner, youth worker, and social worker.

## What we do:

**Doctors at School Program** provides medical advice and healthcare with a team of General Practitioners and nurses, our Doctor and Practice Nurse work at Hill Medical Service and attend the school on a Thursday and can see students over the age of 15.

**Secondary School Nursing Program** provides health-related information and intervention to reduce risk to young people and promote better health in the wider community. The school nurse visits on Tuesdays and Fridays. The role of the school nurse is to support the health and wellbeing of students with a focus on health promotion and primary prevention to improve student health, wellbeing and learning outcomes. The school nurse co-facilitates health education including classroom and small group sessions, and individual primary health care including student assessment, referral, and support. Students can self-refer to see the nurse.

**Mental Health Practitioner (MHP)** provides short-term, solution-focused counselling around school-based issues, and coordinates supports with other services for students with complex needs. The role also includes promoting mental health literacy through psychoeducation to students and the school community, as well as running therapeutic groups. The MHP is available every Thursday and Friday. Parental consent is required for students to access counselling service with MHP.

**Youth Worker** assists students as individuals or groups to solve social and emotional problems related to their learning at school. Youth Worker supports student voice in classroom by helping individuals develop self-awareness and communicate their learning needs through All About Me document. The role also includes running groups, breakfast club and assisting with travel passes and school uniforms. The Youth Worker works five days a week and students can self-refer to see the Youth Worker.

**Les Twenty Man Social Worker** works under the ecological framework with a focus to explore resources and support individuals need to improve their learning outcomes, connectedness to school and overall wellbeing. The role provides support at both individual and group level through therapeutic intervention, case management and outreach. The social worker is here every day except Wednesday. Students can self-refer to this service.

**The Wellbeing team is located next to the International Room.**



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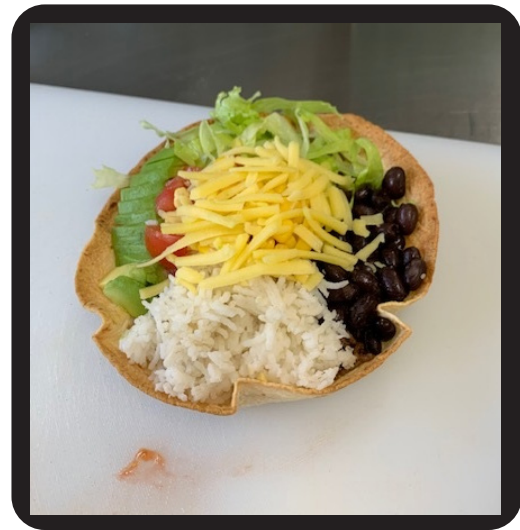
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# Student Class Work

Our student's often create beautiful pieces of art or delicious Food Studies meals and we would love to share them with you!



Our Year 8 students made Tortilla bowls in their Food Studies class and they look delicious! Students learnt about safety using an oven and stove and knife skills.

Talented student class drawings!





# Year 7 & Intermediate Volleyball

Year 7 Volleyball – Students had a great day out at Dandenong Stadium on Monday 4th March. The Boys and Girls team both unfortunately finished in 6th place but came away with some great experiences and positive fun sportswoman/manship. Some highlights included Kye’s Karate kick over the net, Rianna’s Super Serves and Azra’s Power Spikes. Overall we saw amazing participation and resilience from our Year 7 Teams.

Intermediate Volleyball (Girls) – The girls arrived and left with our heads held high! Unfortunately finishing 8th, we Managed to inspire some dramatic moments and high intensity situations within our games. Some highlights were from our captain Chinna, Key Server Ridi and some special moments from Emmy, Leila, Kaytlin, Rosie & Debbie. It was a great day out in Dande!

Jason Emery  
HPE Teacher 7-10



**GREATER DANDENONG DIVISION**  
Yr 7 Boys Volleyball – Monday 4th March  
Dandenong Basketball Stadium, 270 Stud rd

**CONVENOR: External**

Format – Round Robin 6 team

Caradetha	Kryborough Boroosa	Noble Park
Lynlake	Sirius	Kryborough Pacific

DRAW

Round	START TIME	Court 4	Court 5	Court 6
1	10am	CAR V SIR 2-0 12-20 8-20	LYN V KRY 2-1 8-20 14-20	KRY V NP 2-1 15-20 18-20
2	10.45am	CAR V KRY 3-0 11-20 12-20	SIR V NP 2-1 12-20 15-20	LYN V KRY 2-1 12-20 15-20
3	11.30am	CAR V NP 2-1 12-20 15-20	KRY V KRY 2-0 12-20 15-20	SIR V LYN 2-1 12-20 15-20
12:35pm BREAK				
4	12.50pm	CAR V KRY 2-1 12-20 15-20	NP V LYN 2-0 12-20 15-20	KRY V SIR 2-0 12-20 15-20
5	1.15pm	CAR V LYN 2-0 12-20 15-20	KRY V SIR 2-1 12-20 15-20	NP V KRY 2-1 12-20 15-20

KRY 1. KRY 5-0 20  
 NP 2. Sirius 4-1 16  
 3. Lynlake 3-2 12  
 4. KRY 2-3 8  
 5. Caradetha 1-4 4  
 6. N.P. 0-5 0



## Victorian Careers and Employment Expo

For Year 9 students on Friday 15th March 2024 at Melbourne Showgrounds

The Expo is packed with Free advice, you can:

- Talk with over 130 Training Organisations & Employers
- Gain Free Career Advice
- Discover Jobs of the Future
- Talk with Leading Organisations about Training & Apprenticeships
- Experience the Free Career Seminars
- Learn how to write a Winning Resume
- Enjoy the Try' a Skill Zones

## Careers Newsletter

<https://www.nobleparksccareers.com/>

Using the above website, you can access the Noble Park Secondary College Careers website where you can find Careers, Courses and Scholarships. You can also Signup to the Careers Newsletter which gets sent out often to keep you updated on course information.

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## Art Club

**Introducing the start of the Art Club.** The club meets at lunch on Monday and Wednesday. There is a project each term with the best student work receiving a prize of \$25 and a certificate of achievement. This term we are doing pottery with expressive faces. Students can eat lunch in the art room.





# Annual Privacy reminder for our school community

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#) and the [Schools' Privacy Collection Notice](#).

Our Photographing, Filming and Recording Students Policy [<https://www.nobleparksc.vic.edu.au/policies>], describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance we provide on how we use [[Microsoft 365/Google Workspace for Education](#)] safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using [[Microsoft 365/Google Workspace for Education](#)], please contact the school.

For more information about privacy, refer to: [Schools' Privacy Policy – information for parents](#).

This information is also available in ten community languages:

- Amharic
- Arabic
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese

A reminder that our school policies are located on our website for your convenience if you wish to read more information. Please do not hesitate to contact the college on 9546 9066 if you have any additional questions about our policies.



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# Autumn Adventures

## Holiday Activities 2024

For young people aged 12-25. You can book up to five activities per young person. Please bring your own lunch and water bottle.

### Skateboarding Workshop

**Tuesday 2 April**

Join us for a skateboarding workshop with Curbside Coaching and learn new skills, tricks and techniques. From complete beginners through to advanced skaters, this workshop is for you!

**12pm-2pm | \$10 | Booking Required**  
Noble Park Skate Park,  
Memorial Drive, Noble Park

### Soccer Clinic

**Wednesday 3 April**

Join Melbourne City Football Club for a free soccer clinic featuring skill-drills and fun games.

**12pm-2pm | Free | Booking Required**  
Ross Reserve Soccer Pitch,  
Memorial Drive, Noble Park

### Chess Workshop & Tournament

**Thursday 4 April**

Join our Chess Workshop and Mini Tournament. Whether you're a beginner, intermediate, or advanced player, there's something for everyone.

**2.30pm-4pm | Free | Booking Required**  
Dandenong Library,  
225 Lonsdale Street, Dandenong

### Treetops Adventure

**Friday 5 April**

Go to new heights and join us on an amazing Treetop Adventure.

**11.30am-2pm | \$25 | Booking Required**  
Treetops Adventure, Belgrave  
**D:** dep 9.30am / ret 4.00pm  
**N:** dep 9.50am / ret 3.45pm  
**S:** dep 10.05am / ret 3.30pm

## Week 1

### All About Archery

**Tuesday 9 April**

Step into the world of archery and learn how to shoot a bow and arrow in a safe environment.

**12pm-2pm | \$20 | Booking Required**  
AIM Archery Club, Cheltenham  
**D:** dep 10.55am / ret 3pm  
**N:** dep 11.15am / ret 2.45pm  
**S:** dep 11.30am / ret 2.30pm

### IMPACT Volunteering

**Wednesday 10 April**

Are you **18-25 years old**, want to learn retail skills, and give back to the community? Come and see what it's like to volunteer at an op shop.

**10am-1pm | Free**  
Registration Required  
AAPS Op Shop, Keysborough  
**D:** dep 9.30am / ret 1.30pm

### Japanese Taiko Drumming

**Wednesday 10 April**

Discover the exciting world of Taiko Drumming with a performance and interactive workshop. Enjoy the show, and then learn the Taiko Drumming basics in a workshop. Performance between 2pm-2.30pm is open to all.

**2pm-3.30pm | Free**  
Booking Required for Workshop  
Springvale Community Hub,  
Grace Park Avenue, Springvale

### Discover Dandenong Creek Festival

**Thursday 11 April**

Get ready for an awesome half day event at Tirhatuan Park. Join in a range of activities including alrbrush tattoos, wildlife demonstrations, a youth open mic stage, and more.

**11am-2pm | Free**  
Tirhatuan Park, Kriegel Way,  
Dandenong North

### Taco Time

**Friday 12 April**

Learn how to make tacos from scratch - a delicious, quick, and easy meal. Supported by the City of Greater Dandenong's Healthy Kids Advisor.

**11am-1pm | \$5 | Booking Required**  
Noble Park Community Centre,  
44 Memorial Drive, Noble Park

## Week 2



# NOBLE PARK COMMUNITY FUN DAY

Saturday 2 March  
11am - 3pm

Noble Park Skate Park  
and surrounding area



## Be part of something special

We're expanding our aged care services and looking for Bayside locals seeking a flexible and rewarding career to join our team.

Join Bayside Care and Support as a Care Worker and help make a real difference supporting older people to stay living safely and confidently in their own homes.

You'll assist our clients with domestic cleaning, social support and other household assistance. And get the support you need to perform your role – flexibility, security, training and conditions that a local government-backed service can provide.

We're about community, and value everyone who is part of it.

Join us to be part of something special.

### Permanent, part-time roles available

4 - 5 days per week during school hours. Apply now via the QR code below or email [iliopoulos@bayside.vic.gov.au](mailto:iliopoulos@bayside.vic.gov.au) or call 9599 4714 to speak with our friendly team.







“Our Best Always”

**Address:** 3 Callaghan Street, Noble Park, Victoria 3174

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