

## **Important Dates**

20 Feb	IELP Orientation Exc
20 Feb	Yr11LCY Dande Library Exc
21 Feb	Yr10OED Swimming Assessment
22 Feb	Yr11Bio GTAC Exc
23 Feb	Yr10-12 Int. Students Exc
4-6 Mar	Yr10 OED Pt Leo Camp
4 Mar	Yr12Phy Luna Park Exc
6 Mar	Yr12Bio Exc

14 Mar	OPEN DAY & OPEN EVENING
15 Mar	Yr9 Careers Expo Exc
2 May	Yr11 VCE and Careers Expo
3 May	Yr12 VCE and Careers Expo

# From the Principal

Greetings to 2024! I trust everyone had a relaxing and enjoyable break.

I'm pleased to report that we've had a seamless start to the year, marked by a positive whole school assembly at the beginning of Term 1. The assembly reflected on the past year, celebrating the numerous activities, excursions,

and events that enriched our school community. From academic achievements to cultural experiences, each moment contributed to the tapestry of our shared experiences.

Our recent assembly also provided us with the opportunity to reflect on the power of gratitude.

By acknowledging our privilege to live in a place where we have a voice and all the necessary amenities, we cultivate gratitude and awareness of opportunities in our lives Developing an attitude of gratitude not only enhances individual well-being but also strengthens the bonds within our school community.



Helen Karagounis Acting Principal

Such appreciation has played a role in nurturing a positive atmosphere, contributing to the substantial growth witnessed in both student enrolment and staff appointments this year.

We extend a very warm welcome to our Year 7 students and all new students and staff.





## From the Principal continued...

#### **New Staff:**

Jack Crough – Science
Olivia Clarkson- Englis/Health & Human Dev.
Theo Karagounis – Hums/Psychology
Dasanti Wimalaratne - English
Ceren Coteli – English
Anis Chinnah – Arts & Technology
Pina Marciano – Food Tech
Aimy Tran – Vietnamese Multicultural Education Aide
Yunzi Miao – Mathematics
Jason Emery – Physical Education
Bernadette Dalton – Tutor 0.4 (Literacy)

#### OPEN Day - Thursday, 14th March 2024

We are offering Day tours of the College and an evening session to learn more about our College and to explore our campus, meet our dedicated teachers, and discover the rich educational experiences we offer. Our Open Day tours will be held at 9:30am, 11:30am, and 1:30pm. To ensure we can accommodate everyone comfortably, we kindly request that you register for the tour by contacting our office on 9546 9066.

#### OPEN EVENING - Thursday, 14th March 2024

Additionally, we extend a warm invitation for you to attend our Open Evening starting at 6pm. This event is designed to provide you with deeper insights into our curriculum, extracurricular activities, and overall ethos. It will be a wonderful opportunity to engage with our staff, ask questions, and gain a comprehensive understanding of life at our college.

We believe that choosing the right school for your child is a crucial decision, and we are committed to supporting you every step of the way. Whether you are considering enrolling your child or simply wish to learn more about what we have to offer, our Open Day and Open Evening events are designed to provide you with the information you need to make an informed choice.

We look forward to welcoming you and your family to our College and sharing with you the distinctive qualities that make our College the school of choice.

We look forward in continuing to work closely with our school and local community to provide our students with the best possible opportunities, resources, and experiences. Together, we can ensure that our students thrive academically, socially, and personally, preparing them for success in an ever-changing world.











#### -NOBLE PARK SECONDARY COLLEGE-



We are proud to announce our 2023 DUX, Saira Norzai, who received an ATAR of 96.7





Join us on Thursday 14th March for our:

#### **OPEN DAY**

Contact our office on 9546 9066 to register for our Open Day Tours. 9:30am, 11:30am or 1:30pm

#### **OPEN EVENING**

We invite you to attend our Open Evening from 6pm to learn more about our College.

for more information —

3 Callaghan Street, Noble Park, 3174 noble.park.sc@education.vic.gov.au (03) 9546 9066 www.nobleparksc.vic.edu.au









noble.park.sc







3 Callaghan Street, Noble Park 3174 Ph: 9546 9066

## **School Upgrades**

Over the holidays we had a number of College renovations done, both big and small. We are excited to have our outdoor gym area finished and a shade sail behind the Senior Centre (both pictured below).

We are also installing new drinking taps around the College and upgrading our student change rooms in the Hall.







## **School Council**

School Council Elections for 2024 are now open!

Please click on the below link to be directed to the nomination form. https://www.nobleparksc.vic.edu.au/school-council

These forms need to be returned to the General Office with attention to Lesley Dunshea (Principal's Personal Assistant) by 4pm Friday 23rd February, 2024.

### **Social Media**

We update our social media accounts regularly and highly recommend that you check them out!

We post updates on excursions, jobs on offer, student free day and public holiday reminders, and heaps of photos!

Facebook: Noble Park Secondary College

Instagram: noble.park.sc

Instagram Careers: npsc.careers

YouTube: Noble Park Secondary College







3 Callaghan Street, Noble Park 3174 Ph: 9546 9066

## Valentine's Day

Valentine's Day was a big success on February 14. We were working up until the last second but we managed to pull off making 103 roses, 90+ hearts and 80 chocolate/sweet packets.

A big thank you to Ms Chapman for allowing the Year 12 girls to use the library to make all the paper gifts and help coordinate getting everything ready.

Thank you to all teachers who allowed us to disrupt their classes today to deliver gifts, and to the Year 12 teachers who helped me out the last couple of days with various things, it was much appreciated.

Well done to Mark Ward for receiving 25 roses in 5 different instalments throughout the day between Periods 1-6 and taking it like a champ!

I hope everyone had a good day!

**Carol Morgan** Year 12 Coordinator





















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## Year 12's welcome our Year 7 students

Thank you to everyone who helped organise, photograph, cook and prepare food for the Year 7 Welcome BBQ! We were so happy with the overwhelming response from the day.





















3 Callaghan Street, Noble Park 3174 Ph: 9546 9066

## Year 12's welcome our Year 7 students

Events like this allow us to spend some time outside with one another, welcome our new students and enjoy some food!



















#### Career News



# Victorian Careers and Employment Expo

For Year 9 students on Friday 15th March 2024 at Melbourne Showgrounds Payment and consent due by 1st March (this information is on Compass)

The Expo is packed with Free advice, you can:

- Talk with over 130 Training Organisations & Employers
- Gain Free Career Advice
- Discover lobs of the Future
- Talk with Leading Organisations about Training & Apprenticeships
- **Experience the Free Career Seminars**
- Learn how to write a Winning Resume
- Enjoy the Try' a Skill Zones

#### **Careers Newsletter**

https://www.nobleparksccareers.com/

Using the above website, you can access the Noble Park Secondary College Careers website where you can find Careers, Courses and Scholarships. You can also Signup to the Careers Newsletter which gets sent out often to keep you updated on course information.

# **Headstart Program at NPSC**

Hi, I am Julie Byrne, I am your Headstart Industry Coordinator for Noble Park Secondary College. Headstart is a school-based apprenticeship and traineeship pathway, for Year 10 -12 students.

Headstart students are paid employees who can spend a significant amount of time on the job and in training whilst still working towards completing their secondary education. Headstart allows students to gradually transition into fulltime employment.

As the school's Headstart Coordinator I will provide ongoing tailored support to students whilst undertaking their apprenticeship or traineeship. If you are a student, who is confident in your career choice, engaged with learning, possesses employability skills, work readiness and responsibility, Headstart could be the pathway for you.

For further information come see me every Tuesday between 9am -3pm in the Careers area or contact myself on: Email: Julie.byrne2@education.vic.gov.au or Mobile: 0491 613 347









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# Camps, Sports and Excursions Fund (CSEF)

#### What is CSEF Money?

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

#### (Not all students are eligible.)

• Secondary school student rate: \$225 per year.

The CSEF is paid directly to the school and will be allocated by the school towards camps, sports and/or excursion costs for you.

#### So as a student what does this mean for you?

If you are eligible, it means that camps and excursion can be partly or fully paid for by this money.

#### What happens if it doesn't get used?

If the money is not used it goes back to the government.

For more information on eligibility, see Camps, Sports and Excursions Fund (CSEF): Eligibility I education.vic.gov.au

## Victoria Police School Leavers Career Expo

Are you currently at school or studying and are unsure what career path to take?

Need futher guidance and information to help?

A career with Victoria Police may be made for you.

This is a unique opportunity to see the Victoria Police Academy in the flesh, where you will be given an exclusive tour of the fantastic amenities at the Academy and learn all about the career paths working for Victoria Police can provide you.

When: Saturday 16th March 2024 Where: Victoria Police Academy

Session times: 9:00am - 12:00pm OR 1:15pm - 4:15pm

Tickets are essential. Scan the QR code below to register your interest. Once deemed eligible you will receive a link to secure your ticket. The below link is also a great resource for Students thinking about a career with Victoria Police. School leaver and VCE police career options I Police careers I Victoria Police











# Wellbeing at Noble Park Secondary College

#### Why mental health is important:

At Noble Park Secondary College our wellbeing program across the school is about promoting good physical and mental health, healthy relationships, connectedness, and resilience. Our wellbeing team consists of a team of professionals including doctor, nurse, psychologist, speech pathologist, mental health practitioner, youth worker, and social worker.

#### What we do:

**Doctors at School Program** provides medical advice and healthcare with a team of General Practitioners and nurses, our Doctor and Practice Nurse work at Hill Medical Service and attend the school on a Thursday and can see students over the age of 15.

Secondary School Nursing Program provides health-related information and intervention to reduce risk to young people and promote better health in the wider community. The school nurse visits on Tuesdays and Fridays. The role of the school nurse is to support the health and wellbeing of students with a focus on health promotion and primary prevention to improve student health, wellbeing and learning outcomes. The school nurse co-facilitates health education including classroom and small group sessions, and individual primary health care including student assessment, referral, and support. Students can self-refer to see the nurse.

Mental Health Practitioner (MHP) provides short-term, solution-focused counselling around school- based issues, and coordinates supports with other services for students with complex needs. The role also includes promoting mental health literacy through psychoeducation to students and the school community, as well as running therapeutic groups. The MHP is available every Thursday and Friday. Parental consent is required for students to access counselling service with MHP.

Youth Worker assists students as individuals or groups to solve social and emotional problems related to their learning at school. Youth Worker supports student voice in classroom by helping individuals develop self-awareness and communicate their learning needs through All About Me document. The role also includes running groups, breakfast club and assisting with travel passes and school uniforms. The Youth Worker works five days a week and students can self-refer to see the Youth Worker.

Les Twenty Man Social Worker works under the ecological framework with a focus to explore resources and support individuals need to improve their learning outcomes, connectedness to school and overall wellbeing. The role provides support at both individual and group level through therapeutic intervention, case management and outreach. The social worker is here every day except Wednesday. Students can self-refer to this service.

The Wellbeing team is located next to the International Room.









# Annual Privacy reminder for our school community

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the <u>Schools' Privacy Policy</u> and the <u>Schools' Privacy Collection Notice</u>.

Our Photographing, Filming and Recording Students Policy [https://www.nobleparksc.vic.edu.au/policies], describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance we provide on how we use [Microsoft 365/Google Workspace for Education] safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using [Microsoft 365/Google Workspace for Education], please contact the school.

For more information about privacy, refer to: Schools' Privacy Policy - information for parents.

This information is also available in ten community languages:

- Amharic
- Arabic
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese







npsc.careers

# Wellbeing at Noble Park Secondary College

#### **Outside School Hours Support:**

The wellbeing team does not operate outside school hours. At times there may also be a waitlist to access wellbeing services. However, support is available outside of school hours.

Below is a list of services that students and parents can access outside school hours.

- <u>Kids Help Line</u> call 1800 55 1800 for free counselling and advice for young people between the ages of 5 and 25, 24 hours a day, seven days a week.
- <u>Headspace</u> Headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds.
- · Reachout visit their website for information, tools and support for young people with mental health issues.
- Youth Beyond Blue call 1300 22 4636 for free telephone counselling or visit their website for information, resources and support for young people with depression or anxiety. Parents will find useful information on how to help their child in the teens' section of <a href="The Raising Children Network">The Raising Children Network</a> website. Parents can access useful information about positively influencing a teenager's development, resilience and emotional wellbeing with the <a href="Teen Triple P program.">Teen Triple P program.</a>

## **Resilience Project**

The Resilience Project is committed to teaching positive mental health strategies to prevent mental ill-health and build young people's capacity to deal with adversity.

Teachers and students in Year 7, 8, 9 and 10 will engage in weekly lessons and activities around the key principles of Gratitude, Empathy, Mindfulness (GEM) and Emotional Literacy to build resilience. Additionally, we will regularly share resources for all our students and staff across all year levels.

Check out their website for more information:

The Resilience Project (<a href="https://theresilienceproject.com.au/">https://theresilienceproject.com.au/</a>)

And check out TRP@HOME; a place filled with inspiration and activities for the whole family, to help improve your wellbeing and build resilience.

TRP@HOME (<a href="https://theresilienceproject.com.au/at-home/">https://theresilienceproject.com.au/at-home/</a>)

Free eSafety Webinars for parents and carers.

eSafety has free webinars to provide parents and carers with the knowledge, skills and tools to support their children to have safe, positive online experiences.

Topic include

- eSafety 101: How eSafety can help
- Understanding how to support your child with online gaming
- Understanding parental controls to safeguard your child
- Online safety and social media: TikTok, YouTube and Instagram

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Register at https://www.esafety.gov.au/parents/webinars





# "Our Best Always"

Address: 3 Callaghan Street, Noble Park, Victoria 3174

Email: noble.park.sc@education.vic.gov.au

Phone: 9546 9066

Website: www.nobleparksc.vic.edu.au